For additional information or to apply for California Early Start or Regional Center services, please contact:

SAN DIEGO COUNTY
San Diego Regional Center
4355 Ruffin Road, Suite 200
San Diego, CA 92123
858-496-4318 Early Start Intake
858-576-2938 Regional Center Intake

IMPERIAL COUNTY
San Diego Regional Center
Early Start/Prevention/Regional Center Intake
512 West Aten Road
Imperial, CA 92251
760-355-8383

SAN DIEGO REGIONAL CENTER
4355 Ruffin Road, Suite 200
San Diego, CA 92123
858-576-2996
858-576-2873 (fax)
www.sdrc.org

A Service of San Diego-Imperial Counties Developmental Services, Inc.
Facts about

SAN DIEGO REGIONAL CENTER (SDRC)

ELIGIBILITY
• Residence in San Diego or Imperial County
• No financial qualifications
• Developmental Disability:
  • Intellectual Disability (Mental Retardation)
  • Cerebral Palsy
  • Epilepsy
  • Autism
• Other conditions similar to intellectual disability (mental retardation)
  AND
• Originated prior to age 18 years
  AND
• Is likely to continue indefinitely
  AND
• Constitutes a substantial disability in 3 or more of the following areas: Communication; Learning; Self-Direction; Capacity for Independent Living; Economic Self-Sufficiency; Self Care; Mobility

SERVICES
Evaluation to determine eligibility.
Assessment to assist with program planning.
Development of the Individual Program Plan (IPP).
Case Management/Service Coordination.
Coordination of developmental disability services which may include: Residential Services; Transportation; Nursing Services; Behavior Intervention; Medical Services; Work Program; Psychological Services; Respite; Physical Therapy

(In order to process intake, SDRC must be contacted by the parent or legal guardian of a minor, the conservator, or the unconserved adult.)

TO REFER:
San Diego County  858-576-2938  
Imperial County  760-355-8383

CALIFORNIA EARLY START PROGRAM

ELIGIBILITY
• Birth to age 3 years
• Residence in San Diego or Imperial County
• No financial qualifications
• Developmental delay in one or more of the following five areas: Cognitive; Communication; Social/Emotional; Physical; Adaptive
• 33% delay in at least one developmental area
  OR
• Established Risk for developmental disability:
  Conditions known to cause delays in development (e.g. Down syndrome, Prader-Willi, Spina Bifida) Need not be demonstrating delays at time of referral.
  OR
• At risk for developmental disability (two or more factors):
  ◦ Less than 32 weeks gestation and/or birth weight less than 1500 grams
  ◦ Assisted ventilation for 48 hours or longer during first 28 days of life
  ◦ Small for Gestational Age
  ◦ Asphyxia neonatorum
  ◦ Severe and persistent metabolic seizures during the first 3 years of life
  ◦ Neonatal seizures or nonfebrile seizures during the first 3 years of life
  ◦ CNS lesion or abnormality
  ◦ CNS Infection
  ◦ Biomedical insult (injury, accident or illness) which may affect developmental outcome
  ◦ Multiple congenital anomalies
  OR
• Parent of the infant/toddler is a person with a developmental disability

SERVICES
Evaluation in the five areas of development to determine eligibility.
Development of an Individualized Family Service Plan (IFSP), including age 3 transition planning.
Coordination of required Early Intervention services based on the needs of the child. Services may include: Assistive Technology; Audiology Services; Family Training, Counseling, Home Visits; Health Services; Medical Services (evaluations for early intervention services); Nursing Services; Nutrition Services; Occupational Therapy; Physical Therapy; Psychological Services; Service Coordination; Sign Language/Cued Language Services; Social Work Services; Special Instruction; Speech and Language Pathology; Transportation and Related Costs; Vision Services

TO REFER:
San Diego County  858-496-4318  
Imperial County  760-355-8383